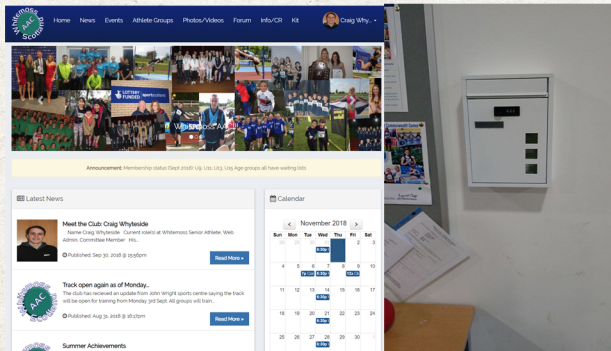


Whitemoss in 2018

Well we've made it through another year here at Whitemoss and we've had a lot going on, from amazing athletic achievements from our athletes (even a commonwealth games selection) to the great work that all our volunteers and coaches do at the club without them we wouldn't be able to achieve anything.

So what's being going on...



For the Athletes

- **New Welfare Officers** - Lyndsay Malley & Barry Connel are our current welfare officers, you can find them in the hub on most training days or contact them at welfare@whitemossaac.co.uk
- **New Competitions Vests/ Crop tops** - We've redesigned our vests and crop tops to give a fresh new look.
- **Brand New Website** - Our new website is looking better than ever, go check it out over at whitemossaac.co.uk
- **Pin Badges** - Each age group got their own pin badges and you get a new one when you move up an age group.

• **Coach & Committee Board** - We added a board in the hub to show of who all our coaches and committee members are, so you know who to speak to for whatever need you have.

• **New Water Dispenser** - The new athletes forum requested that we could add a water dispenser to the hub, a great suggestion from the athletes.

• **Suggestion Box** - We've added a post-box to the hub next to the entrance to the hall, where you can post suggestions, letters, club dance tickets etc...

• **New TV!!** - At the club champs we installed a TV for use for training and presentations.



Our volunteers are the life blood of the club and we want to recognise and reward their efforts and tell you what they've been up to.

- **First Aid** - We've put most of our coaches and volunteers on first aid courses, a list of our first aiders can be found on our notice board next to the suggestion box.
- **Jog Leaders** - On a Wednesday night we run a jogScotland group and we've sent 5 of our regular runners on the Jog Leaders course.

• **Pin Badges** - You didn't think we would forget about our volunteers getting pin badges now did you.

• **Curry Night** - We've started a new annual tradition for our volunteers, a night out to thank them for everything they do.





Education & Training

- **Athletes Forum** - This year we started the athletes forum, where athletes can voice their opinions and ideas.
- **Athletes Education** - With the hub we have been able to run educational courses for the athletes.
- **Parents Nights** - We've introduced parents nights to get a dialogue open between coaches and parents.
- **Mentoring** - We've had some of our senior athlete's help mentor the younger one's this year.
- **Coaches Qualifications** - More coaches have gone on coaching courses this year.
- **Monday meet and greet** - Our committee is setup in the hub to get to know you and answer your questions.
- **Scottish Athletics Training** - We've sent more volunteers on scottish athletics courses as well.



Our Building

- **Use of Facility** - We've had a lot of great use out of the hub this year, from training to our club champs to the LAAA.
- **Let to SA for Courses** - We can let out the hub to scottish athletics for courses they want to run.
- **Internal Training** - We have put on training courses in the hub this year such as the Safeguarding & Protecting children course.
- **Coaching Courses** - The hub can be used to run coaching courses by SA.
- **Officials Courses** - The hub can be used to run officials courses by SA.



What we have planned for The Future

- **Age group events**
 - Pantomimes
 - Fund Raising
- **Outdoor centre trip**
 - Womans League
 - Bus to events